

# SENCO Newsletter

## May 2025



My name is Sarah Brailey, and I am the new SENCO at Swift House. Hopefully, you will have received a letter from me introducing myself. I intend to send out a monthly newsletter providing SEN information which you may find useful.

If you would like to speak to me, my contact details are [sbrailey@ontrackededucation.com](mailto:sbrailey@ontrackededucation.com) or 07731 805704.



If you are awaiting a diagnosis for your young person, then The Right to Choose pathway might be a quicker route. To access this, you need to choose a provider from a list of those that have an NHS contract for the relevant service in the county you live in. Some providers may have specific criteria. Then make an appointment with your GP and explain you want to exercise your Right to Choose. Your GP will then need to complete a referral form to the provider you have chosen. You can find out more information here:

### Norfolk -

<https://www.norfolk.gov.uk/article/40861/Patient-choiceRight-to-choose-for-children-and-young-people>

### Suffolk -

<https://suffolkpcf.co.uk/information/right-to-choose/>

### Cambridgeshire -

<https://www.centralmed.co.uk/2025/02/10/right-to-choose-asd-adhd-assessment-pathways/>



<https://www.justonenorfolk.nhs.uk/>

This website has a wealth of information about healthy lifestyles, child development, emotional health, behaviour and sleep, toileting and much more. If you live in Norfolk, you can access services and speak to advisors.

If you are in Suffolk, you can access similar support here:

<https://www.suffolklocaloffer.org.uk/health-and-wellbeing/mental-health-and-wellbeing/emotional-wellbeing-hub>



<https://www.norfolk.gov.uk/shortbreaks>

Short Breaks Norfolk are activities and services that support families with children and young people who have special educational needs and/or disabilities (SEND). Parent carers with parental responsibility can apply for Short Breaks. You will have to provide evidence to show the impact that your child's diagnosis/disability has on their everyday life and family life. If you are eligible, your child will get a Short Breaks plan. The level and type of support in a Short Breaks plan is personalised. You can use Short Breaks for your child to enjoy things like activities with trained staff and specialist equipment, 1:1 activities and group activities.