

School Menu – On Track Northampton 2024-25

		Ingredients	Allergens
Monday	Variety of Wraps Pupils choose their own fillings	Morrison's Plain Tortillas Sliced ham Tuna Fish Cheese lettuce tomato cucumber Mayonnaise	Contains Wheat  Contains Fish Contains Dairy  Contains Eggs and Mustard
Tuesday	Home made cottage pie	Mince Potatoes Onion Fresh garlic Chopped Tomatoes Tomato Puree Gravy granules OXO cube Salt Pepper Worcestershire sauce Butter Cheese Milk	Contains Dairy Contains Dairy Contains Dairy
Wednesday	Home made Pizza Chips	Morrison's fresh pizza base BBQ Sauce Tomato puree Red pesto Mozzarella Cheese Ham Pepperoni Frozen seasoned curly fries	Contains Wheat  Contains Dairy Contains Dairy  Contains Wheat
Thursday	Home made Pasta Bolognese	Mince Onion Garlic Tomato Puree Red pesto Chicken Stock cube Salt Pepper Thyme Basil Chorizo  Fusilli Pasta Cheese	Contains Milk, May contain Soya Contains Wheat Contains Dairy
Friday	Chicken Nuggets Chips Beans	Morrison's Chicken Nuggets Frozen Crinkle Cut Chips Baked Beans Spaghetti hoops	Contains Wheat

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Deserts	Ingredients	Allergens
Muffins	Eggs Flour Chocolate chips Butter Sugar	Eggs Wheat Milk, Soya Milk
Tray Bake	Eggs Sugar Self raising flour Butter Milk Vanilla Essence	Eggs  Wheat Milk Milk
Cookies	Butter Sugar Chocolate chips Eggs Flour Baking Powder	Milk  Milk, Soya Eggs Wheat
Brownies	Flour Cocoa powder Eggs Butter Sugar Vanilla Essence	Wheat  Eggs Milk

Other Foods Available

	Ingredients	Allergens
Sandwiches / Toast	White Bread	Wheat
Instant Noodles	Noodles Chicken Flavouring	Wheat, May Contain Soya
Seasonal – Soup	Heinz Tomato soup Heinz Chicken soup	Milk Milk, Wheat