



ON TRACK EDUCATION

Summer

Issue No. 7
July 2023

Students have been working extremely hard this term! Look inside to find out more.

Don't miss a thing



WHAT AN AMAZING YEAR WE HAVE ALL HAD!

What's new? Letter from the Senior Leadership Team....

Dear Parents/ Carers,

It's been a Jam packed end to the year with a visit from a published Author: Emily Lloyd –Gale, Thrive school of excellence award presentation, another successful residential trip and all our end of year activities, Alton Towers and Hunstanton. We had more of our pupil's work published for storytelling and poetry.

Pupils and staff also enjoyed celebrating the King's Coronation and more recently pupils had their awareness of "Wimbledon" raised by participating in playing tennis and other tennis related activities. Wimbledon is a world famous British institution and its connection to British Values (Respect) is embedded in our curriculum.

More details of many of these activities can be found inside this newsletter.

We are pleased to announce that we have successfully been awarded the Dyslexia Quality Mark for our school. The British Dyslexia Association awards this in recognition of the whole school approach we have taken to support Dyslexic pupils with their learning. This was a whole team effort, but special thanks goes to our SENCO Lucy Byatt for co-ordinating evidence to achieve this award.

We are also sadly saying goodbye to Chris Dickinson one of our Maths teacher, who is retiring. We wish him huge thanks and also to our other hard working staff and pupils for another excellent year. We are all keeping our fingers crossed for pupil's exam results and wish everyone a relaxing and well deserved Summer break.

Pete Davies & Sally O'Connor



WHAT'S HAPPENING?

➔ E-Safety



Please look at the below links for advice on how to keep yourself and child safe on the internet:

- <https://www.ncsc.gov.uk/collection/cyberfirst1114>
- <https://reportharmfulcontent.com/advice/threats/>
- <https://www.internetmatters.org/resources/apps-guide/apps-to-help-kids-get-active/>

If you need any advice please contact:
Lbarfoot@ontrackededucation.com



THRIVE CELEBRATION DAY!

On Friday 9th June we celebrated being recognised as a Thrive School of Excellence. Pupils, staff and parents who have completed the Family Thrive course attended, as well as BBC Northants radio, Deputy Mayor Paul Joyce, and Elizabeth Brais from Thrive. More information can be found on Northampton Chronicle and Echo Website



WE ARE NOW A UNICEF RIGHTS RESPECTING SCHOOL AND HAVE ACHIEVED THE BRONZE AWARD. WE HOPE TO ACHIEVE SILVER IN SPRING 2024.

WHAT'S HAPPENING?

Wellbeing Award

Wellbeing and Mental Health Lead is Lindsey Parkes. Please contact school for further information

WELLBEING AWARD FOR SCHOOLS



This is a whole-school activity to help improve the emotional wellbeing and mental health of everyone.

To find out more or to get involved, contact your Wellbeing Award Coordinator.

WAS | Wellbeing Award | OPTIMUS EDUCATION



KICKBOXING SUCCESSES

Work experience and Volunteering

We are extremely proud of working along side Earths Lonely Angels Charity on there allotment. This gives many of our students the opportunity to experience what working is like and how important it is to improve the environment as well as supporting a local charity.

Unit 3 students have been doing really well at Kickboxing. They are picking up techniques and enjoy a range of activities, including pad work, weights and the treadmill. We are hoping they continue to enjoy their sessions so they can work towards their white belts after the summer.

We have two Unit 1 students who have achieved their purple belt, which is the highest level reached by any of our students so far - a massive congratulations to them both! They will both be working towards their blue belt after the summer, and we wish them luck with this. All students have worked really hard this year, and we can see this in the improvements they are making week on week. They enjoy their sessions and try hard to learn any new combinations that Morris throws at them.

We are looking forward to welcoming all of our students back to Kickboxing in the new academic year.



Earth's Lonely Angels

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So proud to share how hard these students from On Track Education are working up at the allotment. ELA are proud to be linking in with the students and teachers at On Track education, so their green fingered students can make use of the space we have given them to use. Where they learn new skills and enjoy being and working outside. Well done On Track Education it's a pleasure to link in with you and help these students. Doing an amazing job. 🍌❤️😊



WHAT'S HAPPENING?

➔ MATHS: SIMPLY THE BEST!

This year ended on a high with superb achievements by some of our top maths students. Huge congratulations to our Year 10 student who achieved a Level 2 in Maths Functional Skills; this is comparable to GCSE Grade 4. Fantastic results were recorded by five more students who all passed their Maths Functional Skills Level 1, including one student who is only in Year 8! Another six students sat entry-level maths qualifications with their results expected in the Summer.

Game on in Maths!

Students at On Track enjoy taking part in games and activities that develop their mathematical skills. This year has seen students improve their chess moves, including one Year 9 student who has played enough games out of school to earn his own chess rating! Other students practise with Rubik's cubes, play Uno, Memory and Exploding Kittens card games, compete at Connect 4 or Battleships, build domino and Lego sets, and complete jigsaws with up to 1000 pieces.

Supported by our dedicated staff, these activities take place during tutor and break times, and in student's Thrive sessions where they help to choose their own activities. Our students are developing important skills in spatial awareness, recognising patterns and sequences, algorithmic thinking, finding co-ordinates, and improving numerical fluency.

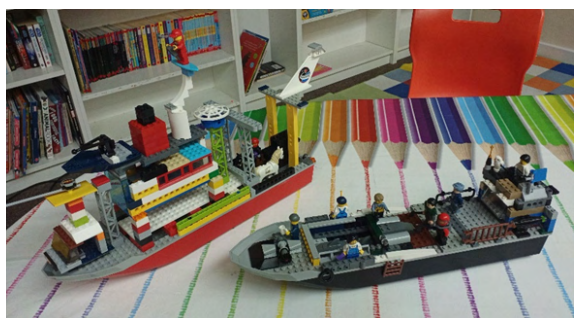
Oh, and it's always fun winning against the teachers :)

Time to learn

Our youngest students in Unit 3 are getting a headstart in learning time with new wristwatches, helping our students to keep time in hours, minutes and seconds, as well as looking pretty cool!

Students have been trialling the wristwatches, which they can wear during the school day.

No reason to be late for lessons now!



WHAT'S HAPPENING?

➔ Author visit to school

Emily Lloyd-Gale

When I was in school I was bullied so badly that I was almost completely isolated. In later life, I realised that it had affected my ability to create friendships. I really didn't want other children to experience what I went through, so I started to write stories. This became my passion and in 2020 my first book, 'Mighty Maurice', was released. It talks about bullying, self-belief, friendship and love, and now I get to visit schools and to talk to the children about my experiences and the themes it covers. With each visit I hope to inspire a new generation of children to read and write, and to know what to do if they experience bullying themselves or see it happening to others.

My new book *The Moose That Saved Christmas* is coming out in Sept 2023.



Order Form
Mighty Maurice by Emily Lloyd-Gale

BOOK TITLE	PRICE	QUANTITY	SIGNES - %/No	DEDICATION - %/No (please specify)
Mighty Maurice (Hardback)	£14.99	£12.00		
Mighty Maurice (Paperback)	£6.99	£5.00	N/A	N/A
Mighty Maurice (Kindle Edition)	£24.99	£24.00	N/A	N/A

TOTAL AMOUNT DUE: £14.99 (Please include postage and family options) (Please put your name, address and publication requirements in the notes - £4.49 postage) send payment to: bookorder@ontrackedu.com

Please send an image of completed form and confirmation of payment to Emily via email by: 18th July 2023

Alternative purchase methods: Day or Amazon.

Student Name: _____
Parent Name: _____
Email: _____
Address: _____

***Please update me on 'The Moose That Saved Christmas' coming Sept 2023 and relevant merchandise (Days, prices, ISBNs) etc. (3000) Yes or No

➔ Amazing Authors!

There is a real buzz of excitement going through the On Track Education Northampton. Our students have been hard at work crafting thrilling, suspenseful and sensational works of genre fiction and poetry - and it is setting the world of literature ablaze!

We are very proud to announce that our students have bested country-wide competition to have their works published in a collection of writing anthologies detailed below.

Integer: Stories Inspired by Numbers - Write a gripping mini-saga in 100 words inspired by one significant figure.

Published authors: LH, CR, LHP, LM, JC, LC
The Power of Poetry - Write a poem about something you are passionate about.

Published authors: LC, FB, JC, G Ha.

Confirmed upcoming Publications:

Poetry Towers: School of Rhyme - Write a poem with the power of rhyme and rhythm.

Harley

Ghost Stories: Spine Chillers - Write a terrifying short story!

George Ha

Shonté

Students have been reading their works and celebrating a shared love of creativity through literacy.

Students are currently cooking up some incredible works of literature for our next two competitions:

Unsolved: Every Sentence Counts & Young Writers Annual Showcase 2023:

I can't wait to report back and share what they have created!

The Lonely Baby

It was 2nd October 2022 and at 2pm, screaming was heard from room 222. There where doctors running in and out of the room, panicking. Samantha was in labour and she only had 20 seconds left to get the baby out before she died. She knew she needed to concentrate and breathe, counting 2 breaths in her mind, then there was silence, apart from the baby's cry, as Samantha's heart rate fell, 4, 3, 2... all of a sudden there was a long beeping noise. Samantha had passed away. The doctors cleaned up and left. Room 222 was empty.

The Experiment

My name is Number 13. I was chosen to be an experiment... a failed experiment. The files to the knowledge of my experiment are located in a top-secret vault. Number 246810, aka 296. My old mission was to save the world but my assignment was classified. After I was told about my assignment I went back to my dark and dingy quarters. Finally, I can discuss my assignment, now my mission. Knock, knock! The door opens slowly; I point my plasma rifle at the door. The door creaks. My heart races. Who could it be?

Vault Number 29738

Vault number 29738. My vault locks were picked. Door was wide open. All 7 million pounds, 350 diamonds and 41 rubies were still there. It was a mysterious robbery because the paperwork was missing. On those 7 pieces of paper were passwords to 7 million bank accounts. I know all their secrets because I'm the one who stole them. I am also the investigator. I applied for this job because I knew they would never suspect me! So here I am writing my story, never to be found, on 7 pieces of paper replacing the stolen bank accounts.

Bandit Master

This is a story about a man who was addicted to gambling. Every day after work he would always stop off at the pub to get 2 cheeky pints. He would always feed the bandit his food money instead of himself. He was down to his last £5 until he won £500. He went straight to the casino with his winnings to play poker. His opponent had 4 7s. he lost all of his money once again and couldn't afford to pay his bills. His wife and kids left. He felt miserable and alone. He lost everything by gambling.

The Devils Number

Hi, my name is James, this is the real story of calling 666. Me and my friends called 666, it was terrifying! We dialled 666 and waited until the phone answered saying "I'm coming to get you, watch your back!"

We hung up and it phoned again. My friend got possessed. We told the Devil to stop but he didn't. The Devil kept talking in Spanish! We didn't know what he was saying. He dragged me across my room. My friend told him to stop but he didn't. he told them to be quiet.

Everything went black.

The Innocence

There are only 30 seconds left... to escape before something happens. I am in danger. The timer is ticking and ticking... The lights are flashing. I need to get out of here. I feel pressure. What they put me through was a crime! I got blamed for something I didn't do. I lost my job. My family. I lost everything! There are only 10 seconds left till I get my revenge...

WHAT'S HAPPENING?

➔ Drop everything and Read

Students are engaging well in DEAR time every Thursday morning.



➔ Holi Day



In March, pupils had the opportunity to explore 'Holi Day', a Hindu festival. The festival celebrates spring, love and new life, and is a time for fun, dancing and singing. Pupils read books on the Holi Day festival, and listened to the story of Holika and Prahlad. They then created a Rangoli clay design. It was great to see pupils involved in this morning, and we are looking forward to our next Religion WOW morning in Late July.

RESIDENTIAL TRIP

In May, some pupils in Unit 2 took part in a one night residential, and some pupils in Unit 1 took part in a two night residential. Pupils had the opportunity to try a variety of activities including: buggy build, aeroball, caving, climbing, crate stack, laser quest and more. Pupils enjoyed their time away, and coped very well being away from home. We are very proud of them for trying new activities, and especially for making their own beds. Well done all, and a huge thank you to all staff that supported our pupils during their own time to make this successful.

Continue reading at next page >



FOREST SCHOOL

Unit 1 have had a great term at Forest School. They have been learning all about pond dipping and how to stay safe around water. The students have been able to identify different pond life using visual worksheets, learning about interconnecting life cycles of pond life and wildlife that relies on the pond for their survival. The students have learnt about the four zones of plant life in the pond and how to respect the value of water. The group are beginning to identify different leaves using a ID wheel and spent time at Abington Park identifying trees and leaves.



One of our new students worked hard to complete lots of AQA Unit Awards in Tool Use in the Woodland, whilst the other students worked hard to complete an AQA Unit Award in Forest Craft, showing different techniques, from using tools to whittle, using knots to create picture frames and keyrings, and using clay and material from the forest floor to create pieces of art or self-portraits. They have been making solitary bee homes and learning about how important bees are to help pollinate the food we eat.

Unit 2 have been busy mastering different knots that can be used to help build shelter or pull large branches, using visual worksheets to help them. Some students have made a keyring using the cobra knot and have shown fantastic perseverance during this activity. Students have also had the opportunity to make solitary bee homes and do pond dipping. We found a large Dragonfly nymph; one student was fascinated with what he had found.

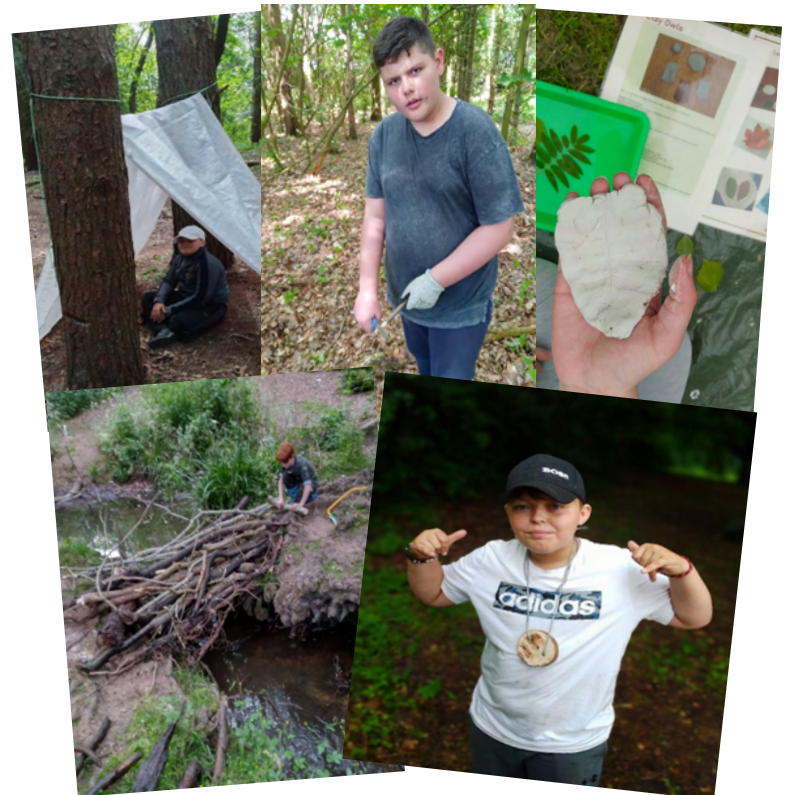
The students have been making nature shelters using tools to cut the wood to size; they have shown good knowledge and safety skills whilst building shelters. The group has especially enjoyed climbing and playing hide and seek in the different play areas we have visited.





FOREST SCHOOL

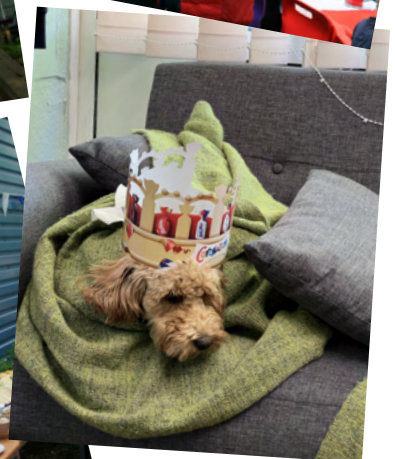
Unit 3 have been busy during our Forest School sessions ,creating lots of crafts, using clay leaf prints and natural materials from the forest floor to create a piece of art. They have shown a better knowledge of tool use, enabling them to whittle more confidently. The students have all passed an AQA Unit Award in using a palm drill, which they have used for the first time. They have been able to master more knots during this team, which has helped them to create and build different tarpaulin den structures. On one of the sessions, which was completely student-led, the group decided to build a mini dam/bridge, showing tremendous team building skills, working together to saw part of a fallen tree to create a bridge.





KING'S CORONATION

To celebrate the coronation of King Charles we threw an On Track street party! Students volunteered to help by baking, decorating and helping on the day. Students enjoyed music, scones and cakes and had lots of fun. Everyone who attended had a wonderful time and learnt about the royal family and this historic event!



FAMILY SUPPORT



www.enfold.org.uk
 En-Fold is a growing charitable incorporated organisation providing what we consider to be an essential service to the community that's impacted by autism...

Our Services

Autism Support Service

We recognise that going through the diagnostic pathway is a long and challenging process resulting in questions as well as answers.

We offer 4-6 sessions of support, in the home or virtually, offering practical support and service signposting tailored to the individual and family's needs.

Training

Aimed at organisations, businesses, parents and carers and those with lived experience. This consists of 6 hrs of quality training in understanding Autism and its impact on those working with Autistic individuals. A chance to reflect on practice and consider strategies and approaches to best support individuals living with Autism. Developed and delivered by experts with lived experience.

Young person's Autism Advisory Project (YAAP)

If you are aged between 11 and 25 and would like to be involved in having a say in the development of services in Northamptonshire for Autistic young people, as well as meeting other young people with ASC, then this is the group for you. [Click to find out more!](#)

Peer Support Project

This service is supporting young people under 25 with Autism and/or Learning Disability who are at risk of hospitalisation due to their mental health. This project sits within the national Keyworker programme with referrals coming directly from the Dynamic support register (DSR). [Click to find out more!](#)

Adult Social Groups

In response to need across the county we have established Adult Social Groups in Kettering, Northampton, Wellingborough and Rushden, that offer social connection.

High Five Parent Support Group

We offer a social support group for parents of children



The Never Alone Project aims to support bereaved children and their families in the UK online.

We also offer face to face services in Northamptonshire. We stand together as a community to reduce isolation and create a safe space to deal with grief.

They offer a number of support groups for both Young people and parents please see there website for further information.

Parent/ Carer Support Groups:

An informal get together for parents/ carers of bereaved children. These events are adults only, and provide a safe space to be emotionally honest, share experiences and support each other through the difficulty of grief, whether it is ours, or the children we support. To find out more or book a place, please get in touch by emailing us at hello@tnap.co.uk.

GET HELP



- Don't worry about calling for help**
 Some people worry if they call 999 that they'll get into trouble. Talk to the people you are with and **make a plan** for what you will do if one of you needs help in an emergency. It's ok to call 999.
- Who could you speak to for help?**
 Think about those you could talk to if you had a problem. Parent / carer / teacher, friends, friend's parent, older sibling, aunts and uncles, family friends etc. **Make a list of people you trust.**
- Non urgent advice**
 If it's **not** an emergency but you need some health advice you can always **call 111** and ask them.
- Speak to professionals**
 School health nurse, GP, social worker, youth worker and non-judgmental services like **Aquarius**.
- Do you know where you are?**
 Use the mobile app 'What3Words' or log your location when you arrive.

For advice and support on drug and alcohol use find your Aquarius Young People Service at: aquarius.org.uk/YPS



GOING OUT



- Buddy up to stay safe**
 You tend to be safer when you are with **someone you know and trust**. Try and stay with them so you are not alone!
- Stay in touch**
 Let family or friends know where you are and who you're with. If something happens people will know where to find you.
- Charge your phone**
 Make sure you can keep your **phone charged** up so you can make contact with family or emergency services if you need them.
- Remember sunscreen**
 If we get any sun enjoy it but try not to get burnt. It can cause long term harm and **it's not a good look!**
- Early Warning Signs**
 If you get the feeling that you are **not sure or comfortable** about where you are going then make your excuses and leave. If your friend says they want to leave go with them so you can **stick to your plan**.
- Plan your route home**
 What route are you taking? Who are you leaving with? Don't forget to tell your parents or carers about your plan and **update them if it changes**.

For advice and support on drug and alcohol use find your Aquarius Young People Service at: aquarius.org.uk/YPS



THIS SUMMER TOP TIPS



- Keep hydrated** - make sure you drink plenty of water or non-alcoholic drinks and try to avoid the sunlight during the peak times of 10am to 2pm when it is at it's hottest.
- Buddy system** - make a plan before you leave. Stick together and stick to the plan with your buddy. If one of you wants to leave, leave together.
- Have a back up plan** - to make sure you can both get home safely. Make sure someone else knows where you are and who you are with and contact them if your initial plan isn't working
- Emergency** - in an emergency, or if someone falls and hurts themselves, is being very sick or is unresponsive, call 999. If you don't know where you are use **What3Words** to help the crew find you.
- Consuming a drug** - if your mate takes a drug or alcohol, make sure you know what they believe they have taken. Make sure they do not use alone, are not left alone and do not take any other drugs.