

On Track Education Services Limited

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Dear Parents/Carers

As you may already be aware, Relationships and Sex Education (RSE) along with Health Education, will soon be forming part of the National Curriculum. This change begins as of September 2020.

As part of our school's wider Personal, Social and Health Education program, in the coming academic year all pupils will be receiving lessons on Relationships, Sexual health and personal safety.

This will be taught at an age/ability appropriate level.

The Key concepts will include:

- Relationships/Healthy Un-Healthy Relationships
- Drugs and Alcohol and their effects
- Mental Health and Wellbeing
- Internet Safety/ Consent and the dangers of digital content
- Sex Education/ Sexual Health
- Human Rights
- Family/Types of family
- Citizenship
- Your Community
- Careers/ Life Skills

The main aim of this program is to provide knowledge and understanding of the world around them, the communities that they live in, the laws and governments that serve us their goals, ambitions and careers options and their personal, social and mental wellbeing.

Please can you also share the contents of this letter with your child.

If you or your child would like more detailed information about the areas covered or if you have any concerns, please contact us by email or phone using the contact details in the letter heading.

Yours Sincerely,

Sally O'Connor (School Manager)

& Pete Davies (Teaching and Learning Manager)