

Personal Social Health and Economic Education Policy



Approved by: Penny Harris (Director) Jane Cox (Director) **Date:** 6th November 2020

Last reviewed on: 16th September 2019

Next review due by: 6th November 2021

All policies are generated and reviewed with an awareness of equality and diversity in relation to pupils, staff and visitors. All policies are generated and reviewed placing safeguarding at the heart of all that we do.

1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to:

- Promote the emotional health and well-being of all pupils.
- Promote the needs and interests of all pupils.
- Promote positive relationships.
- Promote the social and emotional skills that underpin effective learning.
- Promote a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

We must teach relationships and sex education (RSE) under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance.

We must teach health education under the same statutory guidance.

3. Content and delivery

3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our Relationships and Sex Education Policy for details about what we teach, and how we decide on what to teach, in this subject.

3.2 How we teach other aspects of PSHE including health education

KS3 pupils receive a minimum of one discrete PSHE lesson weekly. In terms 1 and 2 they learn about Friendships and Relationships, including Understanding and Dealing With Bullying, Understanding Emotions and elements of

Emotional Literacy. A wide variety of paper based and online resources are used including links to the primary SEAL Curriculum and resources from www.truetube.com. Terms 3 – 6 cover aspects of health education / risky behaviours, i.e. in Term 3 pupils learn about cigarettes and nicotine products; in term 4 they learn about the risks of alcohol consumption and in Terms 5 and 6 they learn about legal versus illegal drugs. A wide variety of different paper-based and online resources are used including those from www.frank.com. Where possible and appropriate, outside agencies will be invited to help support the delivery of these lessons including for instance, the local police constabulary and drug misuse support charities.

The whole school is working with the Thrive Curriculum so all pupils have a minimum of one timetabled Thrive session each week with a trained tutor, plus extra sessions as and when required to support individuals at times of anxiety. A large element of Thrive sessions involve using sensory art as a therapeutic means to encourage self-expression, honest communication, resilience and self- esteem building and relationship-centred work.

The majority of pupils go to a local community farm where they are working on a BTEC unit called Caring for and Feeding Animals (LBS6): this encourages them to work cooperatively and build relationships with each other as well as to learn how to respect and look after animals.

In KS4, most pupils work on BTEC Unit A2 Developing a Personal Progress Plan, which is part of the BTEC Level 1 Intro' To Vocational Studies (from Pearson). A Gateway qualification in Citizenship is also delivered, which teaches pupils how to manage money; how to budget and manage risk. Life Skills are also delivered, in which financial capability is extended and Mental Health & Wellbeing. Aspects of Citizenship that include British Values; learning about the workings of Parliament and the PREVENT Duty are also taught.

The Pearson BTEC Growth & Wellbeing course is also being delivered in KS4. This includes units about the maintenance of physical and emotional health and investigating personal identity. RSE is taught within this framework over 3 terms to ensure coverage of all the national statutory requirements. The fundamentals of RSE, different kinds of relationship; families; getting on and falling out with other people and learning how to communicate wants and needs; learning assertiveness skills and how to resist peer pressure is covered continuously within the Thrive framework and in KS3 PSHE lessons. The Pearson BTEC Growth and Wellbeing also incorporates further units re environmental awareness, more on financial capability and social skills for those more able pupils who could extend their learning to achieve the higher award.

The school has an SMSC timetable, which often can be melded with the PSHE curriculum; pupils learn about significant social / historic/ cultural events, such as Remembrance Day and key religious or secular festivals.

Throughout the school, staff who deliver any aspects of PSHE are mindful of the potentially sensitive nature of many of the topics covered and are prepared to deliver lessons on difficult subjects in an objective manner, allowing for access to additional support where required (through ad hoc Thrive sessions or work with external support agencies for instance). Honest discussion with the pupils will be encouraged but within parameters that protect individuals' rights to privacy and discretion.

Assessment of PSHE takes place within termly Thrive Pupil Profiling Meetings, in which individual's social skills and understanding can be judged and tracked. This, plus their participation and success in PSHE lessons, is then communicated to parents and carers via pupil reports and in-school meetings as well as through regular telephone contact with Keyworkers and SLT.

4. Roles and responsibilities

4.1 The governing board (the directors)

The governing board will approve the PSHE policy, and hold the head teacher to account for its implementation.

4.2 The head teacher

The head teacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE

- Monitoring progress
- Responding to the needs of individual pupils
- The PSHE teaching team includes, Laura Westgate, Katrina Robin, Brittany Read, Gemma Adams and Nina Lutterer

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by the leadership team, head teacher and the directors through regular quality assurance activities including observations, learning walks and work scrutinies.

This policy will be reviewed by the directors and head teacher annually.

6. Links with other policies

This policy links to the following policies and procedures:

Safeguarding and Child Protection Policy

E Safety (Online Safety) Policy

Spiritual, Moral, Social and Cultural Development Policy

Anti-bullying Policy

Equality and Diversity Policy

Pupil Voice Policy

Drug and Substance Misuse Policy

Sex and Relationship Education Policy

Appendix

KS3 PSHE Curriculum Map

Curriculum Area	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS3 English	Reading and comprehension skills Reading a variety of non-fiction texts Writing in formal contexts letter/email	Exploring techniques in fiction Reading a 'seasonal' text e.g. A Christmas Carol Reading comprehension of extracts	Explore literature from other cultures Study myths, fairy tales Creative writing of myths	Explore conventions within different genres of film Explore structure of film reviews Write a film review	Exploring techniques in poetry Creative writing	Explore language and themes in a Shakespeare play Write, perform, record a play based upon themes in Shakespeare
KS 3 Mathematics	The properties of number Ordering numbers including directed number Mental and written calculations	Four operations Calculations with whole numbers using mental and written methods	Ratio Understanding equality and basic fractions Money Calculations involving units of money including using calculators Calculations for everyday situations	The Calendar and time Reading analogue and digital clocks Understanding and converting between 12 and 24 hour times Understanding about days, weeks, months and years Calculations involving time	Measures Measurements using standard and non-standard units Reading scales Comparing temperature values Geometry 2D and 3D shapes and their basic properties Investigating symmetry	Statistics Understanding and interpreting a range of statistical diagrams Conducting and analysing simple surveys Sorting information to given criteria
KS 3 Literacy	Matching tone and style for a particular purpose or audience Formal and informal styles of writing Using a range of sentence length with correct grammar and punctuation	Developing confidence in using ambitious vocabulary Accuracy in spelling commonly misspelt words Classification of nouns	Creative writing techniques Use of strong verbs, adverbial phrases, similes, metaphors and rhetorical devices using still images as stimulus	Creative writing techniques Use of strong verbs, adverbial phrases, similes, metaphors and rhetorical devices using moving images as stimulus	<i>The KS 3 Literacy programme is being redeveloped and will be updated in due course</i>	
KS 3 Science	Biology – The Human Body Different systems within the body including respiratory, digestive and nervous systems	Chemistry – Elements The Periodic Table An introduction to reactions and chemical equations	Physics – Electricity Types of energy, energy transfer, environmental issues relating to energy production	Chemistry – Chemistry in our world Reactions involving household chemicals Fossil fuels and their impact on the atmosphere Making water safe to drink	Biology – Environment, evolution and inheritance An introduction to evolution by natural selection Food webs and connected eco-systems	Physics – The Earth, The Solar System and Space Names, positions and properties of the sun and planets

Curriculum Area	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS 3 IT	Computer basics Knowing the equipment Word processing basics (AQA Unit awards, Digital Skills award BCS)	Online basics Introduction to the internet, searching for information, secure websites and using email (AQA Unit awards, Digital Skills award BCS)	Digital music Digital music devices, transferring and purchasing music Playlists and backing up music (AQA Unit awards, Digital Skills award BCS)	Digital Media Managing, storing and organising digital media Wireless communication and sharing media (AQA Unit awards, Digital Skills award BCS)	Word Processing software Producing a variety of documents using word processing software Developing skills with editing tools (AQA Unit awards, Digital Skills award BCS)	Presentation software Producing a variety of presentations Developing skills with editing and presentation tools (AQA Unit awards, Digital Skills award BCS)
KS 3 Design & Technology	<i>The KS 3 Design & Technology programme is being redeveloped and will be updated in due course</i>		Designing, making and evaluating a wooden coaster or coaster set Researching and planning a bug house	Designing and making plaques using wood burning techniques	<i>The KS 3 Design & Technology programme is being redeveloped and will be updated in due course</i>	
KS 3 Home Cooking Skills	<i>The KS 3 Design & Technology programme is being redeveloped and will be updated in due course</i>		Healthy eating Planning a healthy diet Practical Baking skills	<i>The KS 3 Design & Technology programme is being redeveloped and will be updated in due course</i>		
KS 3 Creative Art	Drawing skills Using pencils, charcoals Still life or self-portrait Studying the art of Stephen Wiltshire	Introduction to painting Colour theory and exploring how the abstract artist Wassily Kandinsky uses colour	Research Vincent Van Gogh and explore his techniques and style Using chalks to create images in the style of the Vincent Van Gogh	Explore techniques of ceramic art & working in 3D with clay Explore styles from other cultures e.g. African masks	Exploration of sequential art including cave paintings, comic strips and graphic novels	Exploring techniques in urban art including murals Producing large scale art
KS3 Citizenship	The rule of law (AQA Unit 110767)	Personal liberty (AQA Unit 110768)	Tolerance (AQA Unit 110769)	Identity and discrimination (AQA Unit 30328)	Understanding the effects of crime on victims (AQA Unit 105563)	Introduction to the 'Prevent' strategy (AQA Unit 111069)
KS 3 Life Skills	AQA units around mental health	AQA units around mental wellbeing	AQA units how to support friends and family with mental health difficulties.	AQA units how to support friends and family with mental health difficulties.	AQA units know about support for mental ill-health.	Revise, consolidate, take a test
KS 3 Sport & Leisure	A rolling programme of sport and leisure activities to promote a healthy lifestyle and develop social skills, including nature walks and sporting activities Use is made of local sports and leisure facilities to allow opportunities for bowling, pool, golf, football, basketball and rounders					

Curriculum Area	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS 3 Careers	Career Action Plan Review achievements, skills and qualities Explore gender stereotypes and work	Research different career paths including home-working and self-employment Match personal skills and qualities to workplace attributes	Online research of jobs Investigate career family trees	Goal-setting Develop profile of strengths and weaknesses Identify people who can support good education and training	Identify transferable skills Develop understanding of the benefits of paid and unpaid work	Develop an understanding of changes in the labour market
PSHE	Friendships and Relationships Emotional Literacy		Understanding Bullying		Risky Behaviours, Nicotine, Alcohol and Drug Education	
KS 3 THRIVE	A programme for developing emotional and social wellbeing delivered through a range of activities Weekly visits to a community therapeutic farm – nurture and care for animals large and small (feeding, mucking out, training), maintenance and construction tasks for general upkeep of farm buildings and structures, craft activities including woodwork, painting, seasonal crafts Individualised programmes of walks and visits allowing development of social skills and independence; providing cultural opportunities					

KS4 PSHE Curriculum Map

Curriculum Area	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS 4 English	Reading and comprehension skills Reading a variety of non-fiction texts Descriptive writing	Explore techniques in horror and supernatural fiction Write an opening to a gothic horror story Preparation for Functional Skills exam	Reading and comprehension skills Reading a variety of non-fiction texts Preparation for Functional Skills exam	GCSE Exam practice and preparation	GCSE Exam practice and preparation	Exploring techniques in fiction Writing a story in 100 words
KS 4 Mathematics	Properties of number Factors, multiples and prime numbers Prime factorisation, HCF and LCM Simplifying algebraic expressions including expanding and factorising brackets	Solving linear equations Angle properties 2-D shapes including triangles and parallel lines Pythagoras' Theorem in 2-D	Index notation and standard index form Areas and perimeters of 2-D shapes Preparation for Functional Skills exams	Co-ordinates and equations of straight lines Fractions, decimals and percentages	Handling data including tables, graphs and averages Calculating probabilities Preparation for GCSE examination	Graphs of equations of non-linear functions (quadratic graphs) Transformations – enlargements Calculations involving circles – circumference and area Constructions

Curriculum Area	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS 4 Literacy	Matching tone and style for a particular purpose or audience Formal and informal styles of writing Using a range of sentence length with correct grammar and punctuation	Developing confidence in using ambitious vocabulary Accuracy in spelling commonly misspelt words Classification of nouns	Creative writing techniques Use of strong verbs, adverbial phrases, similes, metaphors and rhetorical devices using still images as stimulus Examination practice	Creative writing techniques Use of strong verbs, adverbial phrases, similes, metaphors and rhetorical devices using moving images as stimulus Examination practice	<i>The KS 3 Literacy programme is being redeveloped and will be updated in due course</i>	
KS 4 Science	Biology – The Human Body Different systems within the body including respiratory, digestive and nervous systems (AQA unit 15200)	Chemistry – Elements The Periodic Table An introduction to reactions and chemical equations (AQA unit 15202) Physics – Energy (AQA unit 15204)	Physics – Electricity Types of energy, energy transfer, environmental issues relating to energy production (AQA unit 15205) GCSE Exam practice and preparation	Chemistry – Chemistry in our world Reactions involving household chemicals Fossil fuels and their impact on the atmosphere Making water safe to drink (AQA unit 15203)	Biology – Environment, evolution and inheritance An introduction to evolution by natural selection Food webs and connected eco-systems (AQA unit 10545)	Physics – The Earth, The Solar System and Space Names, positions and properties of the sun and planets
KS4 IT	Computer basics Knowing the equipment Word processing basics Online basics Introduction to the internet, searching for information, secure websites and using email (Flexiquial Award L1, Digital Skills award BCS)	Digital music Digital music devices, transferring and purchasing music Playlists and backing up music (Flexiquial Award L1, Digital Skills award BCS)	Digital Media Managing, storing and organising digital media Wireless communication and sharing media (Flexiquial Award L1, Digital Skills award BCS)	Word Processing software Producing a variety of documents using word processing software Developing skills with editing tools (Flexiquial Award L1, Digital Skills award BCS)	IT security for users Data protection, viruses, email and network security Security measures including wireless and password security (Flexiquial Award L1, Digital Skills award BCS)	Presentation software Producing a variety of presentations Developing skills with editing and presentation tools (Flexiquial Award L1, Digital Skills award BCS)
KS 4 Design & Technology	(BTEC Unit CON7)	(BTEC Unit CON7)	Designing, making and evaluating a wooden coaster or coaster set Designing and making clocks (BTEC Unit CON7)	Techniques for preparing and finishing wood Restoring/upcycling wooden furniture (BTEC Unit CON7)	BTEC Assessment Task (BTEC Unit CON7)	

Curriculum Area	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS 4 Home Cooking skills	(BTEC Unit HT5)	(BTEC Unit HT5)	Understanding the principles of a healthy diet and designing a weekly meal plan Methods of presenting food (BTEC Unit HT5)	(BTEC Unit HT5)	BTEC Unit HT5 Assessment Task (BTEC Unit HT5)	Consolidation of the cooking skills required for independent adult living
KS 4 Creative Art	Drawing skills Using pencils, charcoals Still life or self-portrait Studying the art of Stephen Wiltshire (BTEC Unit AD5)	Introduction to painting Colour theory and exploring how the abstract artist Wassily Kandinsky uses colour (BTEC Unit AD5)	Research Vincent Van Gogh and explore his techniques and style Using chalks to create images in the style of the Vincent Van Gogh (BTEC Unit AD5)	Explore techniques of ceramic art & working in 3D with clay Explore styles from other cultures e.g. African masks (BTEC Unit AD5)	BTEC Assessment Task (BTEC Unit AD5)	Exploring techniques in urban art including murals Producing large scale art
KS 4 Citizenship	Know about Democracy (Gateway Qualification Entry 3 & L1)	Know about rule of law (Gateway Qualification Entry 3 & L1)	Know about individual liberty (Gateway Qualification Entry 3 & L1)	Know about mutual respect Gateway (Qualification Entry 3 & L1)	Know about extremism (Qualification Entry 3 & L1)	Know about radicalisation Exam (Qualification Entry 3 & L1)
KS 4 Life Skills	Understand what is meant by 'mental health'. (Gateway Qualification Entry 3 & L1)	Understand how to look after own mental wellbeing. (Gateway Qualification Entry 3 & L1)	Understand how to support friends and family with mental health difficulties. (Gateway Qualification Entry 3 & L1)	Understand how to support friends and family with mental health difficulties. (Gateway Qualification Entry 3 & L1)	Know about support for mental ill-health. (Gateway Qualification Entry 3 & L1)	Revise, consolidate, take exam (Gateway Qualification Entry 3 & L1)
Sport & Leisure	Taking part in a team sport (BTEC Unit SP7)	Taking part in an individual sport (BTEC Unit SP7)	Reviewing personal performance in a sporting activity (BTEC Unit SP7)	Complete assessment tasks for BTEC (BTEC Unit SP7)	Recreational sporting activities – after completing BTEC assessments	Recreational sporting activities – after completing BTEC assessments
Careers	Developing a personal progression plan Identifying and setting progression goals Reviewing personal skills and behaviours (BTEC Unit A2)	Developing a personal progression plan Identifying short-term and long-term goals Identifying key milestones towards achieving goals (BTEC Unit A2)	Developing a personal progression plan Discussing progression plan with teachers/parents Researching post 16 options – courses, apprenticeships and entry requirements (BTEC Unit A2)	Being organised Look at time-management Produce daily/weekly to-do lists and prioritise task Investigate productivity software e.g calendars (BTEC Unit A1)	Being Organised Looking at organisational techniques and tools Managing emails Using spreadsheets for organisation and budgeting (BTEC Unit A1)	Reviewing personal time-management and organisational skills Investigating the use of planners and planning software to aid personal organisation (BTEC Unit A1)

Curriculum Area	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE	Money Management; British Values Maintaining Physical Health & Wellbeing	Life Skills Maintaining Sexual Health & Wellbeing Investigating Personal Identity	Mental Health & Wellbeing Appreciating Emotional Wellbeing	Developing Social Health & wellbeing	PREVENT The workings of Parliament	
	BTEC A2 Developing A Personal Progress Plan- (part of BTEC Level 1 Intro To Vocational Studies from Pearson) Pearson BTEC Level 2 Extended Certificate in Growth and Wellbeing Gateway Citizenship qualification inc aspects of Citizenship;					
THRIVE	A programme for developing emotional and social wellbeing delivered through a range of activities Weekly visits to a community therapeutic farm – nurture and care for animals large and small (feeding, mucking out, training), maintenance and construction tasks for general upkeep of farm buildings and structures, craft activities including woodwork, painting, seasonal crafts					